



CONCUSSION POLICY

NSGSC adheres to BC Soccer Association's policy on concussion management in order to maintain the safety of our players. BC Soccer policy is as follows:

All active members of BC Soccer shall have a Concussion Management Plan for registered players and their families. The plan shall include, but is not limited to, the following:

Annually ensure players, with their parent(s)/ guardian(s) if the player is under the age of 18, are educated about the signs and symptoms of concussions. Players, with their parent(s)/ guardian(s) if under the age of 18, must acknowledge that they have received information about the signs and symptoms of concussions and that they have a responsibility to report concussion-related injuries and illnesses to an independent medical professional

Ensure players, with their parent(s)/ guardian(s) if the player is under the age of 18, who exhibits signs, symptoms or behaviors consistent with a concussion shall be removed from athletic activities (e.g., competition, practice, or physical conditioning sessions) and assessed by an independent medical professional with experience in the evaluation and management of concussions.

Requires medical clearance for a player, with their parent(s)/ guardian(s) if the player is under the age of 18, diagnosed with a concussion to return to athletic activity (e.g., competition, practice, or physical conditioning sessions) as determined by the independent medical professional.

Requires players, with their parent(s)/ guardian(s) if the player is under the age of 18, diagnosed with a concussion to provide written evidence of medical clearance to the team's coach and also the local club, youth district, or adult league before returning to athletic activity (e.g., competition, practice, or physical conditioning sessions)

More about the BC Soccer Association policy can be found here: <https://www.bcsoccer.net/files/ArticleDocuments/Concussion%20Policy.pdf>

NSGSC's return-to-play policy and medical clearance form can be found here: Concussion Return to Play.

For more information visit the Concussion Training and Concussion Awareness pages.