

# NSGSC - ILLNESS POLICY

Updated October 17, 2020



In this policy, “Team member” includes an employee, volunteer, participant, or parent/spectator.

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## ASSESSMENT

- All Team Members must review the [self-assessment](#) link or app, or [daily health check](#) prior to any club activities (practices, games, development) to attest that they are not feeling any of the COVID 19 symptoms.
- **DO NOT ATTEND NSGSC Activities, if you feel any symptoms of COVID-19** such as fever, chills, cough or worsening chronic cough, shortness of breath, painful swallowing, loss of sense of smell, nausea and vomiting and loss of appetite.
  - Please NOTE: On September 22, 2020, the BC Centre for Disease Control and the Provincial Health Office amended the Daily Health Check symptoms to reduce and refine active symptoms for CHILDREN (not adults) in school settings. NSGSC recommends following these guidelines.
- Coaches will visually monitor team members to assess any early warning signs as to the status of their health and to touch base on how they are regarding their personal safety throughout the activity.

## IF A TEAM MEMBER FEELS UNWELL, WITH COVID-19 SYMPTOMS:

- They should remain at home and contact Health Link BC at 8-1-1 and follow the guidance they are provided for return to play.
- Please notify your coach/manager that you will be away from the activity for attendance and future contact tracing.
- If they feel sick and/or are showing symptoms while at PLAY, they should be sent home immediately, this should be noted on an attendance tracker, and have them contact 8-1-1 or a doctor for further guidance.
- No Team Member may participate in a practice/activity if they are symptomatic.

## IF A TEAM MEMBER TESTS POSITIVE FOR COVID-19:

- Must notify the [NSGSC HEALTH AND SAFETY OFFICER \(HSO\)](#)
- With respect to your personal privacy, you do **DO NOT** need to notify your team manager/coach, the NSGSC Health & Safety Officer will do this
  - HSO will notify the team manager, and if deemed necessary will notify team/cohort; the team Manager should NOT do this to respect privacy regulations
  - HSO will request attendance records from the team manager/coach to support Public Health contact tracing
  - HSO will work with Public Health to determine if any Team Members who worked closely with the infected Team Member need to isolate or can continue participating
    - Other Team Members who may have been exposed will be informed by Public Health (Vancouver Coastal Health and/or BC CDC) and may be removed from

the activity for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.

- The Team Member will not be permitted to return to PLAY/PARTICIPATE until they are free of the COVID-19 virus - and have a confirmed NEGATIVE test result and /or no longer display symptoms or feel unwell.

**IF A TEAM MEMBER HAS COME INTO CONTACT WITH SOMEONE THAT HAS TESTED POSITIVE FOR COVID-19:**

- The Team Member should follow the guidelines of the Public Health Officer, and instructions received by Vancouver Coastal Health and/or BCCDC. If there is a risk, they will be contacted by the appropriate authorities.
- NSGSC recommends that individuals who have been in direct contact with a confirmed case of COVID-19, complete the [Daily Health Checklist](#) and closely monitor their own symptoms and stay home if feeling unwell.

**IF A TEAM MEMBER HAS TRAVELLED OUTSIDE CANADA IN THE LAST 14 DAYS:**

- Any Team Member who has travelled outside of Canada within the last 14 days is not permitted to participate in any NSGSC activity or enter the NSGIF and must follow the guidelines of the Public Health Officer, and instructions received by Vancouver Coastal Health and/or BCCDC for return to play.

**IF A TEAM MEMBER IS IN QUARANTINE OR SELF-ISOLATING:**

- Any Team Member who is in quarantine or self-isolating as directed by Public Health Authorities, is not permitted to participate in any NSGSC activity or enter the NSGIF until such time that they are symptom-free and/or have been instructed by Vancouver Coastal Health and/or BCCDC they may return to play.