



NSGSC – NSG Indoor Facility (NSGIF) Usage Policy & Participant Responsibilities For NSGSC Members and Programs

Last updated – September 8, 2020

The North Shore Girls Soccer Club (NSGSC) is pleased to be providing members with the opportunity to participate in our soccer league and development programs, which includes but is not limited to games, tournaments, practices, fitness training and all sessions, programs like COE/Development and events sponsored by NSGSC (a “Program” or “Programs”).

The North Shore Girls Indoor Facility (NSGIF) is wholly owned and operated by NSGSC. It’s primary use is to provide indoor training space for our members and affiliates (NSG WSL, NSISL), but we also provide rental agreements to other user groups within our community.

The COVID-19 protocols developed for the NSGIF are based on current public health guidance to reduce the risk of transmitting the COVID-19 virus. The principle strategies on which the plan was developed are personal hygiene, individuals staying home if they are sick, environmental hygiene, safe social interactions, and physical modifications of the NSGIF. The plan relies on everyone doing their part to provide a safer environment for all.

We are all doing our best to minimize the risk of exposure to COVID-19, however, while the virus circulates in our communities it is impossible to completely eliminate the risk. Each Participant must make their own decision as to whether it is in their best interest to participate in activities at this time. You must take into account your own circumstances and make the decision that is right for you. Should you choose to use the NSGIF facility, we require your full cooperation with our [Return to Play Plan](#).

As a user/Participant of the NSGIF You and/or your Child agree to follow the policies and procedures (“Rules”) below:

- Maximum occupancy in the NSGIF is 50 people.
- Spectators are not allowed in the NSGIF.
- Participants of NSGSC Programs should self-park or be dropped off in the parking lots. If parents or guardians want to accompany young children to the NSGIF area, children may be dropped off outside the fenced area.
 - The only exception to this will be for the NSGSC U4/5 and Soccer 4 Everyone (S4E) programs, where a modified plan will be implemented to allow support of parents/guardians within the confines of the occupancy and physical distancing limitations.



- Everyone must do a self-assessment immediately before coming to the NSGIF. Individuals are not allowed in the NSGIF if:
 - they exhibit any symptoms of COVID-19 such as a fever, cough, difficulty breathing, or other symptoms identified by health experts,
 - they have been outside of Canada within the past 14 days, or
 - they have been in contact with anyone suspected or confirmed to have COVID-19 within the past 14 days.

- Entry and exit to the NSGIF will be through the revolving door at the north-west corner of the facility. This requires disinfection between user groups and management of participant entry / exit (see Figure at end of this document). To facilitate this, participants must:
 - Arrive within 5 minutes of their session start time. If you are early, please stay in your vehicle or in an appropriate area away from the entrance to the NSGIF.
 - Enter through the north gate in the fence
 - Exit through the south gate in the fence
 - Adhere to all signage regarding movement direction and hand hygiene
 - Avoid congregating inside the fenced area and maintain physical distance if you have to line up to enter the facility
 - Sanitize hands immediately before and after using the revolving door using the stations provided
 - Allow only one person in the revolving door at a time
 - Exit the NSGIF area promptly at the end of the session.

- If it is necessary to exit the NSGIF during the session, individuals must sanitize their hands and then exit through the revolving door. Re-entry will also be through the revolving door and individuals must sanitize their hands again immediately before using the door to re-enter the facility. Individuals may not enter and exit at the same time. A visual check of the area must be done to be sure it is clear before an individual exits or re-enters the NSGIF facility through the revolving door.

- To minimize common touch points, any extraneous equipment has been removed or roped off. Do not touch closed equipment. There will be no benches in the NSGIF. The large dividing nets between pads will be tied off in an open position and should not be touched.

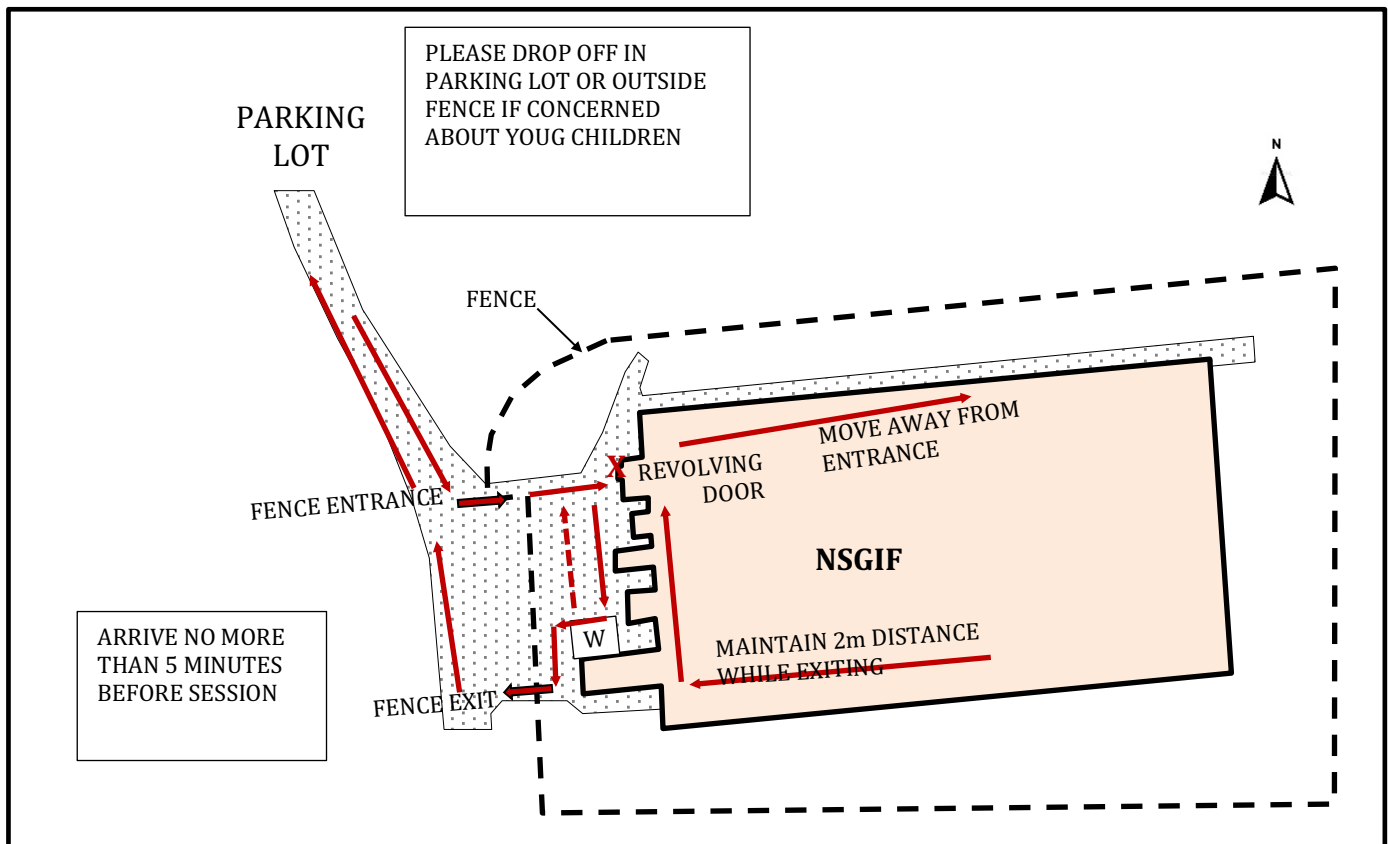
- Follow all posted signs, maintain the recommended 2m physical distance and use good personal hygiene.

- Washroom use should be limited as much as possible. Please use bathrooms before coming to the NSGIF. If the washroom facility must be used:
 - Individuals must sanitize their hands and then exit the NSGIF through the revolving door
 - Only 1 occupant per washroom
 - Maintain physical distance while waiting for the washroom if necessary
 - Follow proper hygiene practices while using the washroom
 - Re-entry to the NSGIF will be through the revolving door. Individuals must sanitize their hands immediately before entering the revolving door.



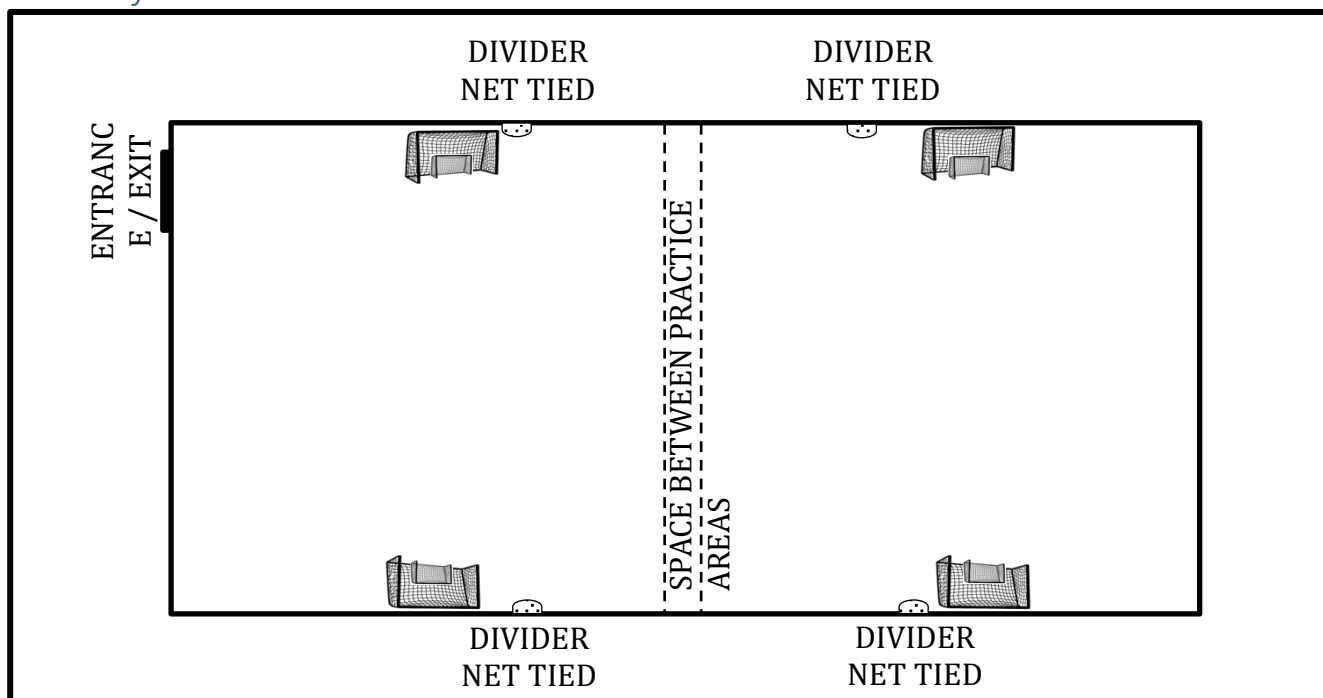
- At the end of your session, nets will be returned to the positions shown in the Figure at the end of this document. The nets and the revolving door will be disinfected by a trained member of the user group at the end of every session.
- If an individual begins to exhibit COVID-19 symptoms while in the NSGIF, they must be given appropriate aid and leave the facility under appropriate supervision. They should isolate at home or seek medical attention as appropriate. The [Illness Policy](#) must be followed to inform NSGSC.
- The Illness Policy must be adhered to if anyone using the NSGIF exhibits symptoms, is suspected or confirmed to have COVID-19 within 14 days of being in the NSGIF.

Exit/Entry and Movement Control for NSGIF





NSGIF Layout



YOUR RESPONSIBILITIES

It is the responsibility of You / Your Child to:

- Review, understand and comply with the above rules, and other instruction or direction given by NSGSC staff and representations;
- Ensure you/your Child is physically and medically fit and able to participate in a Program(s) and to seek any required medical advice about their participation, including by monitoring and reporting any symptoms of COVID-19 in accordance with the Rules;
- Understand the inherent risks in choosing to participate in sports in general and in activities in the NSGIF specifically while the COVID-19 virus circulates in our community;
- Identify to Program Coaches or Managers activities in which you/your Child is unable to safely participate, and instruct your child to refrain from any activities or conduct that may place other participants at risk;
- Arrange for you/your Child to be dropped off and picked up at the times and locations indicated by the Team Manager and in accordance with the protocols established for the NSGIF

In the event of any non-compliance by You or your Child with these conditions, the NSGSC reserves the right to prohibit you/your Child from further participation in a Program(s) and prohibit entrance to the NSGIF. The NSGSC reserves the right to decline a refund of program fees where You/your Child is prohibited from further participation in a Program due to failure to comply with Program Rules or directions or where the conduct of You or of your Child has knowingly or recklessly placed others at risk or interfered with the ability of other participants to participate in and enjoy a Program(s).