



NSGSC

Manager's Meeting

September 2023



Agenda

- Welcome & Thanks
- Introductions: Staff & AGCs
- Fun & Well-Being = NSGSC Values & Culture
- Player Safety
- League Overview
- Player Pathway & Development
- Uniforms, Equipment & Fields
- Communications
- FAQ



Thank you to YOU
our VOLUNTEERS





Thank you to the
Province of BC





Special Thanks to: Canada Soccer,
BC Soccer and viaSport for support
and funding



Thank you to our Sponsors:





BOARD OF DIRECTORS



Jana Madill

EXECUTIVE DIRECTOR

Amar Talic

DIRECTOR OF COACHING



Lee-Ann Denham + Amelia Ng + Tom Fruci
Technical Development Managers



PTE STAFF COACHES ~30



JUNIOR COACHES ~30+

Nicole Dent

Fields Coordinator (~0.2)

TECHNICAL STAFF

ADMINISTRATION STAFF



Ethan Pomeroy

**Programs & Registration
Coordinator**

Meghan Douglas

**Digital & Marcom
Coordinator**

Sandy Milone

Club Administrator (0.7)

Dave Reemeyer

Staff Accountant (~0.25)



Meet your AGCs

MINI's

TDM – TOM FRUCI

U6: GWEN PRESTON

U7: SHANNA/JACLYN/REBECCA

U8: VACANT

U9: LINDSAY ROWAN

FOUNDATIONS

TDM – AMELIA NG

U10: LAUREN ROSSI

U11: JAIMIE CLAY

U12: KAILA MIKKELSEN

U13: NICOLE DENT

DIVISIONAL

TDM – LEE-ANN DENHAM

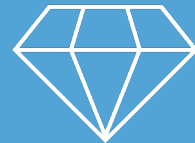
U14: CARMEN EMSLIE

U15: ALEX MULDER

U16: VACANT

U17: VACANT

U18: SANJA FRKTICH



Values

INCLUSION

Everyone is welcome to play.



EMPOWERMENT

We believe in ourselves and each other.



FUN

Fun is at the root of all that we do.



DEVELOPMENT

We develop our players and our community on and off the field.



TEAMWORK

Together, we can accomplish anything.



Committed to Volunteers



More Staff support for Managers, AGCs and Coaches!

EDUCATION – SOCIALS – EVENTS – SWAG

WHAT IS A TEAM MANAGER?

It's not do all... it's about communication and delegation.

SHARE - you are the first point of contact between the Club and the Team/Parents

LEAD - your parents to support Club events, and promote development opportunities

WELCOME - players to sessions and games, for U6-U8 help with entry.exit

SUPPORT - your coaches by managing TeamSnap and uniforms/equipment and game-day

KNOW - where to find things like field updates and rules

USE your AGC for help and access to staff and support materials



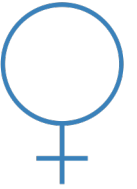
Committed to FUN!

Offering welcoming, accessible programs, that inspire girls and women to participate in sport for life.

Emphasis on ensuring our players enjoyed their time on the field, while building strong player habits.

Off-Field initiatives are part of our Culture: jamborees, Women&Girls in Sport nights, IWD, Holiday Community Donations, etc.

Committed to Women & Girls



NSGSC is the largest female-centered Club in Canada! We are proud of the place this gives us to lead by example for equity in sport.

We offer safe, inclusive programs and teams to support those players questioning their gender identity or identifying as transgender. We are constantly working on inclusive language to remove conflict for those who do not identify as she/her even though we do have a "G" in our name.

**PURSUIT OF SOCCER
EXCELLENCE AND
TEAM DEVELOPMENT**

**INSPIRATION,
EMPOWERMENT AND
RESILIENCE**

**INCLUSION, ACCESS AND
COMMUNITY
DEVELOPMENT**

**ORGANIZATIONAL
EXCELLENCE AND
LEADERSHIP**



Diversity & Inclusion

Supporting players of all identifications through inclusivity:

- Welcoming LGBTQIA+ players, including those in transition and those that identify as he/him
From "Girls" & "Ladies" TO "Team" "Folks" "XX (team name)"
From "she/her" TO "they/them" or "all/you" or "XX (player name)"
- Supporting Coaches/Managers with an overview player gender identification of their team rosters

Welcoming all players:

- See it, Be it. We welcome and include players from all nationalities and backgrounds, and celebrate the North Shore's cultures and First Nations.
- We even welcome boys and women: our U4-7 programs are now open for boys, mostly taken advantage of by "brothers" of a NSG, and our Adult programs are co-ed



Committed to Health & Safety

Rule of 2 – provides safe guidelines to protect leaders/coaches and players – Make sure your team has a FEMALE on the bench at all times.

Bullying & Harassment – a thorough policy and new procedures to ensure confidential, independent investigations of complaints. Speak Up!

Injury Prevention – building on the launch of our S&C program, we are expanding this into regular curriculum for 2023/24

Concussion – Clear process on management and Return to Play

NO Spectators – at the NSGIF – capacity standards and player safety are critical to development

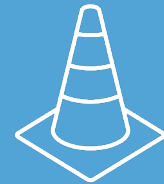


Mental Health

RESPECT – ACCEPT - RECOGNIZE

We encourage a culture of engagement and commitment, AND we also respect that our players and families may have full schedules. We ask our Team leaders to respect a player's need for flexible training and to allow time for our players to also participate in school, family and friend's events without repercussion.

We are (mostly) all competitive – as Team Leaders, we need to be mindful of TONE, LANGUAGE and LISTENING and demonstrate good sportsmanship. We don't all have to be friends, but on the field, we are teammates.



Safe Sport

At NSGSC the safety of our players is our top priority. It is crucial that our players are having fun in an environment that is safe for all participants. We follow the Canada Soccer Safe Sport guidelines that outline the importance of safety in a positive, welcoming environment.

What is Safe Sport?

"It's about making sport better through equity, respect, and inclusion so everyone can do their best and have fun."

- viaSport (2023)

Safe sport not only includes **physical** safety but also encompasses **psychological, safety, social-emotional** safety, and **cultural** safety.



Safe Sport

Safe sport is a shared responsibility as it involves not only the players but also the coaches, managers, referees, volunteers, administrators, parents, guardians, and spectators.

We **ALL** have a role and responsibility to contribute to safe sport environments that are free of harmful behaviours such as abuse, maltreatment, harassment, and discrimination.



Safe Sport

INJURIES

If the incident that is being reported pertains to a physical injury, here is the process coaches should ensure are followed:

1. On site assessment of injury
2. Fill in injury report form for any incident on field.
3. Submit it to H&S Officer in case of club insurance coverage needing to be activated
4. This must be submitted within two weeks of the injury.

It is very important to please ensure you fill out an injury report form and submit it to the Health and Safety Officer if there is an injury during a practice or game. While our club insurance is secondary to your family's coverage, in the event it is needed at any time, there needs to be a record of the injury very close to the date it occurred. So, coaches and parents, please take the time to ensure this is filled out and sent in **within 2 weeks of the injury.**

It is a good idea to print off a few injury report forms and keep them with your team's first aid kit.



Safe Sport

CONFLICTS

COACHES & MANAGERS

Teach strategies so that the team works better together!

1. Set the stage
2. Encourage communication
3. Provide a common goal
4. Promote a positive atmosphere
5. Be a role model

PLAYERS & PARENTS

Help build a team culture full of respect and trust and when we are struggling:

1. Be calm and collected
2. Be honest
3. Talk to the Coach
4. Don't take sides & stay out of other's conflicts
5. Address conflict off the field



Safe Sport

COMPLAINTS & DISCIPLINE

The NSGSC Discipline and Complaints Policy sets out the guidelines and procedures for bringing and resolving complaints concerning the conduct of individuals who participate in NSGSC business or activities.

Game Related Complaints – make sure to report to the REFERREE at the game to ensure a game report is filed

General Complaints – REPORT to clubadministrator@nsgsc.com for triage

Serious or Sensitive Nature – REPORT confidentially to NSGSC Discipline Chair – disciplinechair@nsgsc.com

Complaints may also be submitted anonymously, confidentially, and directly to BC Soccer via the ITP Sport "Integrity Counts" system IntegrityCounts, or by phone at 1-800-758-9412



SEASON STARTS

- U8-18 Practices are now on field
- Saturday, September 16th & Sunday, September 17th - Mini's U4-7 starts
- Sunday, September 10th - Game #1 for all U11-U13 D1/2 and U14-U18 teams
- Sunday, September 17th - Game #1 for all U8-U10 + U11-U13D3 teams
- Tuesday, September 12th - Development Centre programs start
- Saturday, September 17th - S4 E begins



League: KEY DATES

- Upcoming 2023/24 Season SCHEDULE Highlights:
 - NSGSC AGM – Tuesday, September 26th
 - National Day of Truth & Reconciliation – (in lieu) Monday, October 2nd NO regular programs or training
 - Thanksgiving Weekend - NO regular games
 - BCCSL Realignment – mid-October
 - Photo Day(s) – October 28/29
 - Coastal Cup Roster Lock – November 1
 - WINTER Break – December 16-January 2
 - Family Day Weekend – NO regular games
 - March 4/5 – League Cup Finals, Round of 32 D1/M, U8-10 Jamboree, Mini's Wrap



BCCSL – U11-U18

What YOU need to know about RULES:

- **DIVISIONS:** U11-U18 D1, D2 / U14-U18 D3 / U16-U18 Metro
- **SCORE REPORTING:** HOME TEAM will now report scores before 9PM Monday nights. Standings will not be published for U11/12/13
- BC Soccer **Small Sided** Play Format still applies to U11-U13 - **RETREAT LINE** still applies
- **Fine Schedule** - NSGSC will not support unsubstantiated requests for fine assistance - Fines will be responsible by the team causing the infraction: game cancellations, forfeitures, misconduct (player, coaches, parents), equipment/uniforms... (know the schedule, Section 16)
- **Realignment** - Can happen and will be communicated after ~4-weeks of play (mid-October). All games played before WILL count in overall standings unless a division is dissolved or drastically altered.

READ THE RULES & USE THE HANDBOOK!



BCCSL - Changes to Divisional RULES

- **FLUID ROSTER PROCESS CONTINUES, with some modifications**
 - No forms needed; simply arrange with other coaches and player, ensure player has ID Card and is rostered on Game Sheet
 - All U11-U18 players play for the Club and can therefore move freely between teams as follows:
 - Same age group + same or lower Division
 - Note Metro can only play to D1
 - Older age group + same or higher level
 - Max. 2 games/weekend/player
 - Game day rosters cannot exceed allowable size
 - No U10s are allowed to play up
 - No player may be registered in more than one Club
 - **USE THIS** – LEAN on EACHOTHER and be mindful of player well-being and development
- **FORFEITS & FINES**
 - ALL forfeits will see a **min. of 5 points deducted** from the forfeiting team's standings
 - Fines will be assessed and 50% of the fine will go to the affected club



BCCSL - Changes to Coastal & League Cup

- **LEAGUE CHAMPIONSHIPS**

- League Cup will take place in Jan/Feb, starting January 14th
- There will be NO regular season games after the holiday break

- **COASTAL CUP**

- NA for U11/12
- Round of 32 will include PLAY-IN games in November and December
- Round of 16 and Q-Finals will be played in March – BEFORE Spring Break
- Semi-Finals and Championships will be played in April -
- ALL teams who participate in Coastal Cup MUST be prepared to participate in Provincials in July should they qualify.

BCCSL



What YOU need to know about SCHEDULES:

- **SCHEDULING:** All game schedules will be auto loaded into BCCSL's Q-Scriptor system and posted to the BCCSL website
 - Any discrepancies in HOME field/times, please check in with your AGC
 - Managers (home team) are expected to contact opponents to confirm game information as early in week as possible, but no less than 48H prior to match
 - Changes to home game times/fields made by BCCSL will be shared by your AGC or District Scheduler or Fields Coordinator (usually by Tuesday)
 - Requests for home game time/field change, to accomodate an opponent, should be made directly to BOTH NSGSC Fields Coordinator (Nicole)
 - NO Games on Thanksgiving weekend
 - Holiday Break will be DECEMBER 18th. – January 7th
 - Make-Up Weekend will be January 6/7th
 - Last League Games are February 25th Weekend will be January 6/7th



BCCSL: U11-U18

What YOU need to know about ID Cards & Rosters:

- **PLAYER ID Cards:** ALL U13-U18 players in the BCCSL must have a valid BC Soccer virtual ID card at each game, that match their PRINTED Game Roster
 - Team Managers must upload NEW player photos
 - Team Managers must also send our Registrar a copy of a valid birth certificate and/or passport to verify birthdate/age group for any NEW players
 - ID Cards must be uploaded before October 1st
 - Handwritten rosters are eligible through September but will NOT be accepted after Oct.1st
- Each team is required to PRINT and BRING 2 copies of their game day roster
- **COACH ID Cards:** Every member of the U11-U18 coaching staff who is present on the BENCH – LIMITED to 4, must also have a valid BC Soccer ID Card, ID cards will NOT be issued without a valid CRC on record with NSGSC (valid for 3 years)



THE FIRST THREE LTPD STAGES

The first three LTPD stages, which guide development up to age 12, are built around small-sided games. There are no league standings for these age groups; the focus is on learning and fun.

1

STAGE ONE: ACTIVE START

(U-4/U-6 M/F)

Gives the youngest players the opportunity to develop basic movement skills like running, jumping, landing, kicking, throwing, and catching in a fun setting built around informal play and positive reinforcement.



2

STAGE TWO: FUNDAMENTALS

(U-6/U-8 F, U-6/U-10 M)

Allows children to develop their movement ABCs—agility, balance, coordination, and speed—and learn the basics of the game while emphasizing fun, cooperation, and maximum time on the ball.



3

STAGE THREE: LEARNING TO TRAIN

(U-8/U-11 F, U-8/U-12 M)

This "golden age of learning," when children become less self-centered and are more able to reflect on their actions and learn from mistakes, provides an optimal window for further development of skills. The focus is on learning by doing, building a larger repertoire of soccer movements and teaching the basic principles of play in a fun and challenging environment.



Potential through the Pathway



NSGSC Playing Style

Passion – Purpose – Excellence

We impose a dynamic and creative playing philosophy by dominating the ball in both halves through positioning, intelligence and understanding of the principles to create breakdown in opposition organization and execute final acts.

Out of possession, we will be resilient and resolute in regaining possession through a structured press and organization mindset. We will be aggressive in our attempts to deny penetration and spaces between around or over our defensive organization.

Winning is a byproduct of our environment & standards



NSGSC Development Centre

- Open to all players looking to improve their game
- Weekday evenings at the NSGIF, non-conflicting with your team schedules
- Focused on fundamentals: confidence, decision making, ball and foot skills through an age-appropriate curriculum
- U8-U18
- Finishing School: Strikers and GKs
- Strength & Conditioning Team sessions STILL AVAILBALE
- NEW HP/Pre-BCSPL Program starting Saturday afternoons for U12/13 players



Uniforms & Equipment

- Exchanges & Top-Ups
LIVE in-store
- Missing Equipment – next week at NSGIF
- All requests to equipment@nsgsc.com
- NEW players? Notify us so we can get a kit for you!

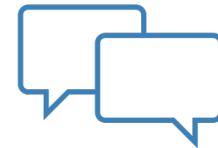




Fields

- Alternate Fields: Gravel or NSGIF (U8) – when it rains/snows
 - Do use @DNVFields and @CNVFields to check field status
- NSGIF Rentals – on the website
- No Training means NO PERMITS: no special requests for holidays!
- Do you know your light codes? Do you have your light keys?
- Do you know your set-up? Do you have your equipment?
- Remember to CLEAN-UP
- Report all issues to fieldscoordinator@nsgsc.com

Communication Protocols



Our Website Has A Ton Of Information, Please Browse To Find Your Answers.

- About your **YOUTH TEAM** (rosters, practices, games, etc.): **FIRST** reach out to your Team MANAGER; Can't find your team, **THEN** contact your AGE GROUP CO-ORDINATOR (AGC).
- About **COACHING** (sessions, support, training, etc.): Reach out to your TDML: Lee-Ann, Amelia or Tom
- About your **CAMP** or **DEVELOPMENT PROGRAM DETAILS**: Reach out to our Programs & Registration Coordinator, Ethan
- About issues with your **REGISTRATION** (profile, payments, refunds, etc.): Reach out to our Programs & Registration Coordinator, Ethan
- About **RENTALS** at the NSGIF (Indoor Facility): Bookings can be made [HERE](#)
- About **HEALTH & SAFETY** concerns: Reach out to our Health & Safety Officer
- About our **WEB** or **SOCIAL MEDIA: & EVENTS** Reach out to Meghan.
- About **FIELDS** for practices, pairings or games: Reach out to our Fields Coordinator

Communication



Download the TeamSnap APP!

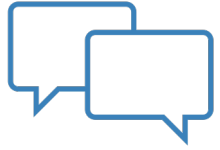
- Don't use your old one
- Don't add players manually they must be registered
- Once you add a schedule, it will be LIVE on our website

Do add @nsgsc.com to your approved contacts

Do check your junk/spam

Check www.nsgsc.com/weather-updates/ for all field status inquiries

Privacy

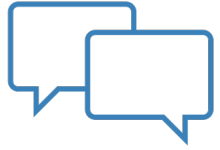


The use of online chat and other digital communications platforms must occur in OPEN and OBSERVABLE environments.

When communicating with your team:

- Eliminate one-to-one electronic messaging.
- Personal and closed/private communications between adult team officials and participants/minors should not be used
 - IE: direct messaging such as text or via social media platforms.
- The use of disappearing content platforms or content (Snapchat, Instagram Stories, FacebookStories) should be avoided unless used for team-wide social sharing & celebration.
- Use our electronic communication platform **TeamSnap** for any communications. Please encourage all parents/guardians on your team to register and use TeamSnap for updates.

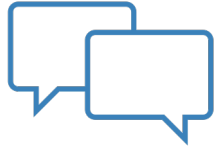
Privacy



When communicating with your team:

- All communication from a team official to participants should be kept professional in nature. Communication to minors should include a copy to their parent/gaurdian
- Any participant can choose not to engage with other participants (including team officials) on social media. Participants are not be required to engage on social media platforms to access team or Club information.
- All team-wide/public-social communication should refrain from including the attributes, behaviours or conduct of another person; matters like this should be discussed directly and only with those involved
- Restate team expectations about positive, respectful communication, and online behaviors.

Social Media



FOLLOW US ON SOCIAL MEDIA

- Instagram: @nsgsc_northvan
- tag us in all your NSGSC related stories/posts

HELP US SHARE YOUR TEAMS SEASON WITH OUR MEMBERSHIP

- Take 1-2 photos/videos per game
- warm-up | team huddle | coaches talk | smiley post-game faces | etc.
- Send to Meghan (please include your team name when sending)
 - Text the photos: 778-997-6202
 - Email the photos: marketing@nsgsc.com



Open Forum

Questions or Comments?

Thank You.

Need more info? Please visit
www.nsgsc.com.