# Managers Meeting September 2024

NSGSC

# Agenda



Welcome & Thanks		
Introductions: Staff & AGCs		
Fun & Well-Being = NSGSC Values & Culture & Milestones		
Safe Sport		
Privacy		
Player Pathway & Development		
Your League: NSYSA & BCCSL		
Uniforms, Equipment & Fields		
Brand, Swag & Fundraising		
Communications & Social Media		
Questions & MeetUps		





## Thank you to YOU!

# our club would not be where we are today without our volunteers

# Thank you to the Province of BC



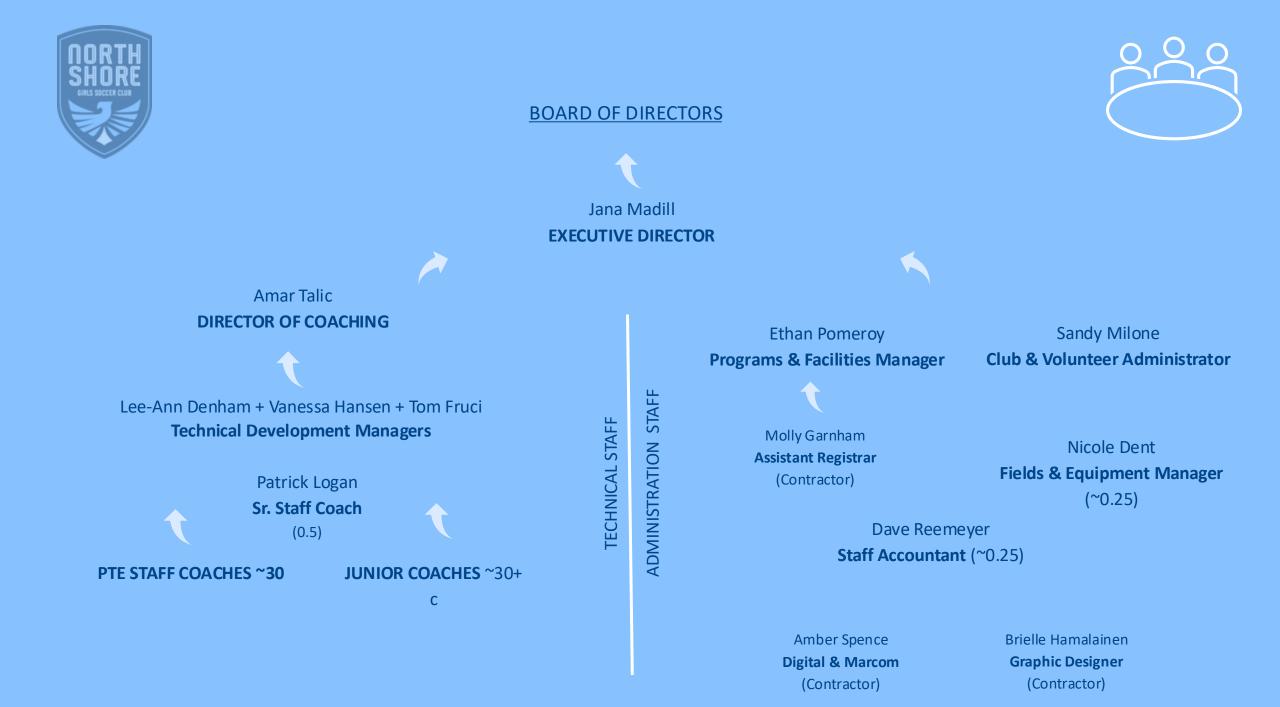
Supported by the Province of British Columbia



# Special Thanks to: Canada Soccer & BC Soccer, for resources, support and funding

# Thank you to our 2023-24 Sponsors





## Meet your agcs

MINI's U6 – Jessica | Katie U7 – Pawel (In-Transition VACANT) U8 – Shanna | Jaclyn | Rebecca U9 – Danielle | Carmen Meet your agcs FOUNDATIONS U10 Lindsay

**U11 Lauren** 

**U12** Jaimie Clay



## Values





## Commitments





**Women & Girls**. NSGSC is the largest female-centred Club in Canada! We are proud of the place this gives us to lead by example for equity in sport.



**DE&I**. See it, Be it. We welcome and include players from all nationalities and backgrounds, and celebrate the North Shore's cultures and First Nations. We support our members through inclusive programs, language and education.



**Fun**. Emphasis on ensuring our players enjoyed their time on the field, while building strong player habits and inspire girls and women to participate in sport for life.

# Heart & hustle



#### **Play Fair**

- Be positive and respect the rules
- Have integrity and be accountable
- Play clean and considerate

### Go For It

- Have determination and ambition
- Be resilient and brave
- Play strategically and dynamically







Expressing enjoyment through laughter, smiling, and creativity and demonstrating hustle through effort and eagerness

Emphasis on ensuring our players enjoyed their time on the field, while building strong player habits.

Off-Field initiatives are part of our Culture: jamborees, Women & Girls in Sport nights, IWD, Holiday Community Donations, etc.

## Include & respect everyone



### Inviting, welcoming and sharing our sport

See it, Be it. We welcome and include players from all nationalities and backgrounds and celebrate the North Shore's cultures and First Nations. We even welcome boys and women: our U4-7 programs are now open for boys, mostly taken advantage of by "brothers" of a NSG, and our Adult programs are co-ed

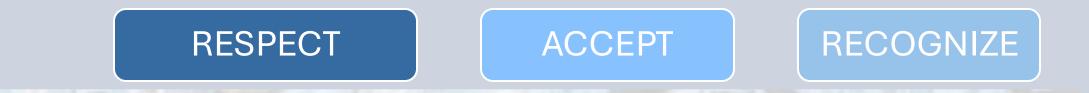
## Respect through inclusive language and actions

We offer safe, inclusive programs and teams to support those players questioning their gender identity or identifying as transgender or nonbinary. From "Girls" & "Ladies" TO "Team" "Folks" "XX (team name)". From "she/her" TO "they/them" or "all/you" or "XX (player name)

Supporting Coaches/Managers with an overview of player gender identification of their team rosters

## Support eachother





We encourage a culture of engagement and commitment, AND we also respect that our players and families may have full schedules. We ask our Team leaders to respect a player's need for flexible training and to allow time for our players to also participate in school, family and friend's events without repercussion.

We are (mostly) all competitive – as Team Leaders, we need to be mindful of TONE, LANGUAGE and LISTENING and demonstrate good sportsmanship. We don't all have to be friends, but on the field, we are teammates.

## Season start-up



- > THIS WEEK! U9-18 + W Practices are now on field
- Saturday, September 7<sup>th</sup> Coach Education Preregistered Grassroots
- Sunday, September 8<sup>th</sup> Game #1 for all U8-U18 +W teams
- Monday, September 9<sup>th</sup> Development Centre programs start
- Saturday, September 14<sup>th</sup> Mini's U4/5 & S4E & Pre-BCSPL programs start
- Sunday, September 18<sup>th</sup> Mini's U6/7 start



## season milestones

#### Wednesday, September 25 NSGSC AGM

Monday, September 30

National Day of Truth & Reconciliation

All teams can wear orange accessories (shoelaces/socks) for bookend games on September 29/October 6

- October 12-14
- ➢ October 26/27
- Thursday, November 11
- Sunday, December 8
- Sunday, January 12
- February 15-17
- March 2

NSGSC Thanksgiving Tournament No regular games or practices Photo Days

Remembrance Day

- LAST GAME before Winter Break December 13/14 HELD for MAKE-UP Games
- FIRST GAME after Winter Break
  - Family Day Weekend MAKE-UP GAMES LAST GAME of the Regular Season



# Safe sport

## introduction



Physical Psychological Social-emotion Cultural

"It's about making sport better through equity, respect, and inclusion so everyone can do their best and have fun."

viaSport (2023)

#### Health and Safety Officer: Jana Madill

Any injuries, physical/mental health, or safety concerns should be brought to the Health and Safety Officers attention.

Email: <u>healthsafetyofficer@nsgsc.com</u>

## Code of conduct



- 1. Place the **well-being and safety of each player above all** other considerations, including the development of performance.
- 2. Always keep the **player's best interests at heart** and strive to develop a strong team spirit, encouraging each player to support one another.
- 3. Strive to **maximize the individual potential of each player**, while respecting each player's level of commitment, and provide an equal opportunity to all players.
- 4. Ensure that the activities are **appropriate for the age**, maturity, experience and ability of players.
- 5. Put the children's **safety, care and feelings** ahead of my own.
- 6. Acknowledge that all persons especially children and young people **have a right to be protected from abuse** regardless of their age, gender, disability, culture, language, racial origin, religious beliefs or sexual orientation.
- 7. Respect game officials, and encourage each player to support and respect the game officials.

## Code of conduct

NORTH SHORE

- 8. Treat every player, coach and volunteer with **respect and dignity**.
- 9. Provide a safe and secure environment and facility.

**10.Do not use inappropriate language** at any time during practices or games.

11.Ensure a playing environment that is free from alcohol, tobacco and drugs.

12. Create and maintain an enjoyable atmosphere for players, coaches, game officials and parents.

**13.Adhere to all guidelines** laid down within the Constitution and the Rules of BC Soccer. Never condone violations of the Laws of the Game, behaviour contrary to the spirit of the Laws of the Game or relevant rules and regulations or the use of prohibited substances or techniques.

14.(Coaches) **Review and practice the necessary first aid** principles needed to assess, respond and, where appropriate, treat injuries of my players.

## The rule states that when an athlete is placed in a potentially vulnerable situation, they must be in the presence of no less than **TWO** team staff (Person in Authority) who fulfil the following:

- Valid Criminal Record Check
- Recognized as a staff member by the club for the current season
- A minimum of one of the team staff must be female (the athlete's gender)



# Rule of 2



## Protecting youth





#### Age of Protection in Canada

The age of protection (also called the age of consent) is the age at which a young person can legally consent to sexual activity. The age of protection in Canada is generally 16 years old, but the *Criminal Code* increases that age to 18 in the context of certain relationships. If the child is:

Under 12 years old	No person can engage in sexual activity with the child under any circumstance.
12 or 13 years old	The age difference must be LESS THAN 2 years AND the relative positions of the parties must be such that a child is able to give consent.*
14 or 15 years old	The age difference must be LESS THAN 5 years AND the relative positions of the parties must be such that a child is able to give consent.*
16 or 17 years old	The relative positions of the parties must be such that a child is able to give consent.*

\* For all children aged 12-17: If the other person is in a position of trust or authority over the child (e.g., a coach, teacher, etc.), the child is dependent on the other person or the relationship is exploitative of the child, the child is NOT able to give consent, making sexual activity in the context of such relationships illegal. In these situations, only a person aged 18 or older is capable of consent. The increased age takes into account the inherent vulnerability of the child and is meant to protect the child in situations that involve a power or other imbalance.

## The coach plays an important role in teaching strategies for teams to work better together.

Conflict

- Educate the team Set expectations around open communication, positive teammate interaction and conflict resolution at the beginning of the season.
- Encourage communication Having an open and honest environment makes, athletes feel comfortable bringing issues forward instead of letting concerns and frustrations build, and disrupting team unity.
- Provide a common goal Engage the team in setting a few simple team goals at the beginning of the season.
- Promote a positive atmosphere During times of conflict is important to refocus the individual athletes or team on positive behaviours concentrated on solving the problem at hand to move forwards in achieving the team's goal.
- **Be a role model** Coaches and parents can be role models for conflict avoidance and resolution behaviour. Set an example of honesty, calm demeanor, and positive conflict resolution.

What can athletes do to resolve conflict? Advice for the players

- **Be professiona**l Keep a calm and collected demeanor. Be the bigger person and rise above any argumentative behaviour. Focus on the team and working together.
- Be honest If possible, work toward a resolution with the individual involved.
- Don't take sides The only side that should be taken is the side of the team itself. Taking sides only encourages divisive behaviour and increases tensions and animosity.
- Talk to the coach If issues cannot be resolved on a person to person basis, talk to the coach for advice on your role and behaviour or enlist their help in working towards a team solution.
- Address the conflict off the field Personal issues between teammates should not be aired on the field of play and frustrations should not be taken out in the group setting impacting team performance. Support the player and the team during competition and training.

## Teamwork

Being part of a team can be one of the most supportive environments to learn and grow as an athlete and as an individual.

Sport by nature can be competitive and fraught with conflict. When teammates are in conflict it can have a huge impact on team dynamics and team cohesion.

### It is how we work through the elements of conflict that helps us determine success.





# Conflict



## Alternative Resolution

#### **General Complaints**

• Any complaints can go to the Club administrator at <u>clubadministrator@nsgsc.com</u>

#### Game related Complaints

- A referee is to deal with all on-field game related complaints.
- If they refuse a coach should submit the incident to the Club Administrator or relevant league official.

#### Serious or sensitive nature

• Serious or sensitive can go directly to the club discipline chair at <u>disciplinechair@nsgsc.com</u> or the Executive Director vie janam@nsgsc.com

#### Other

- Information on how to proceed in moments of misconduct go to <u>Report Abuse</u> | <u>BC Soccer.</u>
- Anonymous, confidential complaints can also be submitted to BC Soccer via the ITP Sport "Integrity Counts" system.

# Making Ethical Decisions



#### Identify the Ethical Issue

## Identify and Establish the Facts

• Who, What, When, and Where



Identify and Evaluate your Options and Possible Consequences

Take Action and Implement your Decision

Choose the Best Option

Consider Factors Affecting the Decision-Making Process

• Internal influences

• External influences

# Injury Reporting



#### **Physical Injury:**

- 1. On site assessment of injury
- 2. Fill in the NEW DIGITAL injury report form for any incident on the field.
- 3. This will AUTO submit it to Health and Safety Officer for traking and to initiate any required club insurance coverage
- 4. This must be submitted within <u>two weeks</u> of the injury.

#### Insurance Claim Form:

- Sports Accident Insurance is coverage for **sanctioned** games and practices.
- It acts as **secondary coverage** to your work/family policy.
- If you need to make a claim fill out the SBC Accident Claim Form and submit it to the Health and Safety Officer.
- SBC Insurance must receive notice of the accident within 30 days and claim documentation within 90 days.

#### **Reporting Abuse:**

If you become aware or have reason to believe a child has been or is being abused there is a legal and ethical responsibility to report it.

- If it involves the child's parent/guardian report to child welfare and/or police
- If it involves another person report to the child's parent/guardian along with child welfare and/or the police

## FIRST AID BASICS





**BANDAIDS** various sizes

TENSOR for sprains and slings

ATHLETIC OR MEDICAL TAPE AND GAUZE

ANTISEPTIC WIPES

ICE PACKS shake or real

LIFESAVERS or MINTS

HAIR ELASTICS/BANDS

# Digital/privacy



Please abide by the **Rule of Two** when any sessions are taking place between athlete(s) and coach(s).

Any participant (including team officials) can choose not to engage with other participants on social media.

Parents/Guardians of athletes age 16 and under should be present for all possible sessions.

• Parents/Guardians should be informed of sessions activities and process prior.

#### One-on-one electronic messaging is prohibited.

- If reached out to directly by a participant, include another team official in the response.
- Keep all responses professional.
- Please use **TeamSnap** for any communication.

## privacy



The use of online chat and other digital communications platforms must occur in OPEN and OBSERVABLE environments.

#### When communicating with your team:

- Eliminate one-to-one electronic messaging.
- Personal and closed/private communications between adult team officials and participants/minors should not be used
  - IE: direct messaging such as text or via social media platforms.
- The use of disappearing content platforms or content (Snapchat, Instagram Stories, FacebookStories) should be avoided unless used for team-wide social sharing & celebration.
- Use our electronic communication platform **TeamSnap** for any communications. Please encourage all parents/guardians on your team to register and use TeamSnap for updates.



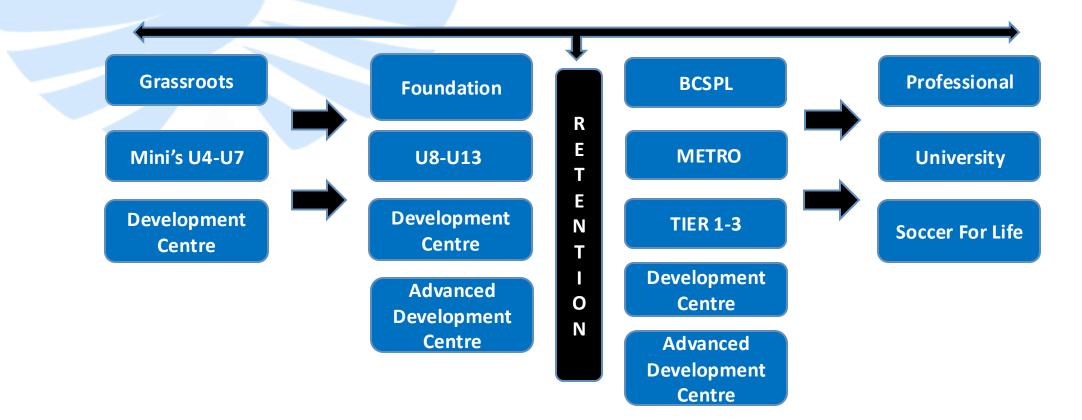
# Player pathways





### Potential through the Pathway

## **NSGSC** player pathway



### RETENTION AND PROGRESSION

## **NSGSC** player pathway











Development of players to progress through levels



Development of U13 players from club to U14 intake.



Development of players at BCSPL level to obtain opportunities to play at the provincial program and/or REX program. Preparing players for postsecondary soccer in either University/College environment and/or local women's soccer league (BC League 1, MWSL).

Alum players from the club play professionaleith er domestically (NSL/CWNT) or internationally.

# **Competitive play**





As the largest girls club in Canada, we have been denied the top level of play unless we add boys or merge with NVFC.

MORE ON THIS ISSUE & WHAT WE ARE DOING ABOUT IT at our AGM!

SEPTEMBER 25th

## NSGSC Playing Style PASSION – PURPOSE – EXCELLENCE

We impose a dynamic and creative playing philosophy by dominating the ball in both halves through positioning, intelligence and understanding of the principles to create breakdown in opposition organization and execute final acts.

Out of possession, we will be resilient and resolute in regaining possession through a structured press and organization mindset. We will be aggressive in our attempts to deny penetration and spaces between around or over our defensive organization.

Winning is a biproduct of our environment & standards

## Development centre



- > Open to all players looking to improve their game
- Weekday evenings at the NSGIF, non-conflicting with your team schedules
- Focused on fundamentals: confidence, decision making, ball and foot skills through an age-appropriate curriculum
- Finishing School: GKs

**REGISTRATION IS NOW OPEN** 



## North shore youth soccer association

## Nsg Mini's U6/7



#### What YOU need to know about your program:

- **SCHEDULING:** Program runs 1/week at the NSGIF; each team has an assigned time slot and will check in each week with staff coaches prior to entry for field assignment
- EQUIPMENT: all equipment is provided by NSGSC and kept at the Bubble
- **COACHING**: each team should assign a HC, AC and Manager, these team leaders will be mentored throughout the Mini's program and also are encouraged to attend coach education sessions. Each week there will be staff coaches rotating to support teams with coach and player development
- **VOLUNTEERS/SPECTATORS**: there are NO spectators allowed in the facility during sessions; we encourage parents to volunteer their time as a team leader (max. 5/roster). All teams MUST have at least one female and ALL team volunteers MUST have a CRC clearance filed with the Club before Thanksgiving.

## Nsysa: U8/9



#### What YOU need to know about GAMES:

**SCHEDULING:** All game schedules will be loaded onto the NSYSA website The schedule will also be sent by the District Scheduler via your AGC or Nicole/Tom/Vanessa

#### GAMES:

- Home teams are responsible for field set-up
- > Each team is responsible for providing a linesperson
- NO Games on Thanksgiving weekend
- OFFSIDE rules only come in at U11 in the attacking third
- PLEASE BOOKMARK <u>https://nsysa.ca/upload/doc/SmallSidedRules.pdf</u>
- > Throw-Ins and Goal-Kicks are allowed

**COACH ID Cards:** Every member of the coaching staff who is present on the BENCH – limited to 4, must also have a valid NSYSA ID Card, not issued without a valid CRC on record with NSGSC (valid for 3 years)

## Nsysa: U10-13



#### What YOU need to know about GAMES:

- AGE GROUPS: U11-U13 D1 and D2 divisions are included in BCCSL not NSYSA
- **SCHEDULING:** All game schedules will be loaded onto the NSYSA website The schedule will also be sent by the District Scheduler via your AGC or Nicole/Tom/Vanessa

#### **GAMES:**

- > Home teams are responsible for field set-up & connecting with opponents
- > Each team is responsible for providing a linesperson
- NO Games on Thanksgiving weekend
- > OFFSIDE rules only come in at U11 in the attacking third
- PLEASE BOOKMARK <u>https://nsysa.ca/upload/doc/SmallSidedRules.pdf</u>
- Throw-Ins and Goal-Kicks are allowed

**COACH ID Cards:** Every member of the coaching staff who is present on the BENCH – limited to 4, must also have a valid NSYSA ID Card, not issued without a valid CRC on record with NSGSC (valid for 3 years)

## Nsysa: U10-13





		ASSOCIATION
SMA	LL SIDED SOCCER - DIFFERENCES FROM LAW UNDER 9 & 10	VS OF THE GAME- v8 Sep 2023 UNDER 11 & 12 & 13
FIELD \$IZE	Length 36 to 55 m	Length 60 to 75 m
	Width 30 to 36 m	Width 42 to 55 m
GOAL/PENALTY AREA	Goal Area	Penalty Area
	10 metres out from each goal post	11 metres out from each goal post
GOAL SIZE	1.8 x 3.6 m	1.8 x 5.5 m
BALL	Size 4	Size 4
NUMBER OF PLAYERS	U9.6 v 6 U10.7 v 7 - minimum of 5 required	U11,12 8v8, U13 9v9 - minimum of 5 required
ID CARDS	NO, Coach ID only (must have)	YES, Div 1 and 2 Players and Coaches,
ID CARDS	NO, Coach ID only (must have)	Div 3 team list only
SUBSTITUTIONS	Unlimited	Unlimited
DURATION OF GAME	2 X 25 minutes	2 x 35 minutes
HALF TIME	5 minutes	5 minutes
SCORES RECORDED	NO (coaches may record for tiering)	NO (coaches may record for tiering)
RETREAT LINE	Goal Kick only	Goal Kick only
Location	Halfway line	1/3 (Offside) line
Defenders advance	After second player touches or ball crosses retreat line.	After second player touches or ball crosses retreat line.
Foul result	1st infringement - retake, second IDFK from retreat line	1st infringement - retake, second IDFK from retreat line
Keeper possession	Defenders shall not pressure keeper but no official retreat line.	
OFFSIDES	None	Attacking third of field
FOULS	All Free Kicks are Indirect (IDFK)	Both Direct and Indirect Free Kicks
Cards	No cards issued to players.	Cards issued as required (Div 1 and 2 reported on BC
	Cards can be issued to coaches.	Soccer Discipline, Div 3 sent to NSYSARefAssignor)
Free Kick in Goal Area awarded to Attacking Team	Free Kick taken from Goal Area line perpendicular (from Goal Line) to where offense occurred.	Penalty Kick (from Mark) or IDFK (from Penalty Area line perpendicular to where offense occurred.)
Free Kick in Goal Area for Defending Team	Free Kick taken where offense occurred, not in play until leaves Goal Area	Free Kick taken where offense occurred, not in play until leaves Penalty Area
Penalty Kicks	None	For Direct Free Kick Fouls in Penalty Area

#### **BOOKMARK** this **Cheatsheet**

nsysa.ca/resources

Keeper possession	Defenders shall not pressure keeper but no official retreat line.	
OFFSIDES	None	Attacking third of field
FOULS	All Free Kicks are Indirect (IDFK)	Both Direct and Indirect Free Kicks
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Free Kick in Goal Area for Defending Team	Free Kick taken where offense occurred, not in play until leaves Goal Area	Free Kick taken where offense occurred, not in play unt leaves Penalty Area
Penalty Kicks	None	For Direct Free Kick Fouls in Penalty Area
DISTANCE FROM BALL	7 m Free, Corner, Kick off; 4 m Drop Ball; 2 m Throw	9 m Free, Corner, Kick off; 4 m Drop Ball; 2 m Throw
THROW IN	Foul throw -> one retake	U12, 13 Foul throw -> Opposing team gets Throw In
	Second attempt fails then opposing team take Throw In	U11 Foul throw -> as U9/10
GOAL KICK	Anywhere In the Goal Area	Anywhere in Penalty Area
	Ball in play when kicked, does not need to leave Goal Area	Ball in play when kicked, does not need to leave Penalt Area
	Goal cannot be scored directly from Goal Kick	Goal may be scored directly from Goal Kick in opposin goal only
CORNER KICKS	Goal cannot be scored directly from Corner Kick	Goal may be scored from Corner Kick directly

## Nsysa: U8-13



#### What YOU need to know about standings & game logistics:

NO SCORES or STANDINGS will recorded prior to U11

**SCORES and STANDINGS** are tracked but not published between U11-13 for grouping purposes only, there is no midseason realignment in this league

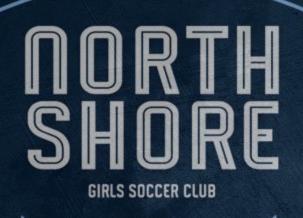
**TRAVEL** – most games are interlock between other NSGSC or WVFC teams, occasionally at the older ages (U11-U13) there are games with other NSYSA Clubs that may require travel to Bowen Island, Squamish or even the Sunshine Coast. There is support for Ferry costs

(see website https://www.nsgsc.com/game-day/#ferrycosts)

FIELD & BALLS - all games are SMALL-SIDED. All U9-U13 teams will use a Sz4 ball, U8 uses Sz3

**REFS** – all games should have an assigned CR, from U11-U13 we ask parent volunteers to assist as AR/Sideline flag refs and remain quiet and impartial

**HOLIDAYS** – field permits are generally available for practices that fall on a stat holiday, if you are NOT using your field, please notify Nicole, Fields Manager



## Uniforms & equipment

- Uniform Distribution NEXT WEEK stay tuned
- Missing or Lost Equipment requests to equipment@nsgsc.com
- NEW players? Notify us so we can get a kit for you!

# capell®

## fields



- Alternate Fields: Gravel or NSGIF (U8) when it rains/snows
  - Do use @DNVFields and @CNVFields to check field status
- NSGIF Rentals on the website
- No Training means NO PERMITS: no special requests for holidays!
- Your permit times are your times, respect other user groups and if you are conducting warmups prior to practice these are to be done OFF the field (tracks) and do not expect you have access to end zones.
- Do you know your light codes? Do you know your set-up? Do you have your equipment?
- Remember to CLEAN-UP
- Report all issues to fieldscoordinator@nsgsc.com

## Brand & swag

- Team Order Forms COMING NEXT WEEK
- Order in bulk to save \$\$ and time
- Custom Options
  - Base items through Capelli
  - Customization at local printer
  - Need something different? Contact <u>marketing@nsgsc.com</u> to review/approve

#### **BE PROUD IN DOUBLE BLUE**

New Crests, Swag Shop Hoodies, Coaches Kit We protect our brand fiercely. DO NOT PRINT without Club approval and correct logo. TEAM Swag may not be worn on field of play. TEAM Swag MUST include NSGSC identity (crest or name)



## Custom teamwear

NORTH SHORE

MUST include approved NSGSC identity (crest or name)

MUST be an approved colour







NEVER black red maroon royal teal charcoal



#### Custom teamwear



#### FULL COLOUR OR ONE COLOUR OPTIONS







LEFT CHEST

#### **TEAM NAME / DESIGN**

- ✓ STANDALONE
- ✓ NSGSC
- ✓ NORTH SHORE GIRLS SC
- X NORTH SHORE "TEAM"



## Fundraising & travel

- NEW Annual Mayor's Cup Las Vegas (February) for U11-18 teams
  - INFO MEETING SEPTEMBER 18<sup>th</sup>
  - Club organized, multiple teams, professional travel operator
- NEW INTERNATIONAL Trips (March Break each season) targeted to U16 D1
- Other interests don't forget your approval forms all out-of-province or country (including USA) travel must have a permit from BC Soccer (3-6months!) and be Club approved.

#### **Fundraising options**

If your team is organizing a fundraising initiative, let us know how we can promote.

- **Opportunities at TGT and Photo Days**
- Borrow the Club's SQUARE for easy sales

Reach out to <a href="mailto:marketing@nsgsc.com">marketing@nsgsc.com</a> for protocols for Gambling Licenses and GoFundMe Campaigns

## communications



Our Website Has A Ton Of Information, Please Browse To Find Your Answers.

- About your YOUTH TEAM (rosters, practices, games, etc.): FIRST reach out to your Team MANAGER; Can't find your team, THEN contact your AGE GROUP CO-ORDINATOR (AGC).
- > About **COACHING** (sessions, support, training, etc.): Reach out to your TDML: Tom, Vanessa or Lee-Ann
- About your CAMP or DEVELOPMENT PROGRAM DETAILS: Reach out to our Programs & Registration Coordinator, Ethan
- About issues with your REGISTRATION (profile, payments, refunds, etc.): Reach out to our Programs & Registration Coordinator, Ethan
- > About **RENTALS** at the NSGIF (Indoor Facility): Bookings can be made <u>HERE</u>
- > About **HEALTH & SAFETY** concerns: Reach out to our Health & Safety Officer
- > About our WEB or SOCIAL MEDIA: & EVENTS Reach out to marketing@.
- > About **FIELDS** for practices, pairings or games: Reach out to our Fields Coordinator

## communications



#### Download the TeamSnap APP!

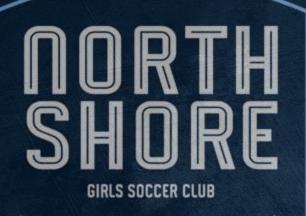
- Do use the Website and Social Media @nsgsc\_northvan
- Do add @nsgsc.com to your approved contacts
- Do check your junk/spam
- Do use @DNVFields and @CNVFields to check field status

#### **FOLLOW US ON SOCIAL MEDIA**

Instagram: @nsgsc\_northvan tag and share in all your NSGSC related stories/posts

#### HELP US SHARE YOUR TEAMS SEASON WITH OUR MEMBERSHIP

- Take 1-2 photos/videos per game
- warm-up | team huddle | coaches talk | smiley post-game faces | etc.
- Send to Amber (please include your team name when sending)
- Email the photos: <u>marketing@nsgsc.com</u>







## Thank you.

NEED MORE INFO? PLEASE VISIT WWW.NSGSC.COM