



# The Spring D2 Team Program

**A seamless extension of your  
daughter's soccer journey.**

Incoming U11-U18 (2009-2016 born) Division 2 Players



# How the Spring D2 Program Works



## Individual Registration

You register your daughter individually.



## Grouped by Team

She is guaranteed to be placed with her existing Winter Division 2 team and coach.



## Spring Play

8 weeks of structured, team-based training and games.

**No mixed pools. No new rosters. Just pure team continuity.**

# Bridging the Spring Development Window

The Spring D2 program is engineered to extend the outdoor season. It keeps players active, reduces seasonal dropout, and strengthens their long-term commitment to the club.

**The Spring Window:  
April 28 – June 19**

**Winter  
Season**  
(Foundation)

**The Spring Drop-Off**  
(Lost momentum and  
connection)

**Summer  
Readiness &  
Long-Term  
Growth**

# Built on Three Core Pillars



## Unbroken Team Bonds

Maintaining strong social connections and team accountability.



## Seamless Development

Direct extension of winter coaching objectives with game realism.



## Effortless Commitment

A predictable, family-friendly schedule with zero travel outside North Vancouver.



# Pillar 1: Unbroken Team Bonds

- ✓ **Familiar Faces**  
Players stay exclusively with their current team and coach.
- ✓ **Zero Disruption**  
No need to join unfamiliar mixed programs or travel to different venues.
- ✓ **Social Accountability**  
Deepens existing friendships and fosters a stronger, more connected team culture heading into the future.



# Pillar 2: Seamless Development

## The Approach

Direct extension of winter team objectives.  
No starting over from scratch.

## The Support System

Led by familiar Volunteer Team Coaches, actively supported by expert NSGSC Staff Coaches.

## The Environment

Focus on Game Realism to ensure skills translate directly to match performance.

# Pillar 3: Effortless Commitment



1 Practice  
Per Week



1 Local Game  
Every Second Week



**High Growth,  
Low Family Stress**

**Total Touchpoints:**  
11 Sessions  
(8 practices, 3 games)

**Schedule:**  
Highly predictable. Zero  
travel outside North Van.

**Investment:** \$110 total.  
No additional league  
registration required.

# Weekly Practice Schedule at a Glance

Find your daughter's incoming U-Level or Birth Year below.

<b>Mondays @ Inter River 1</b>	<b>Tuesdays @ Windsor Turf</b>	<b>Wednesdays @ William Griffin Turf</b>
5:30 - 6:30 PM: Incoming U15 (2012s)	5:30 - 6:30 PM: Incoming U11 (2016s)	5:00 - 6:00 PM: Incoming U12 (2015s)
6:30 - 7:30 PM: Incoming U16 (2011s)	6:30 - 7:30 PM: Incoming U13 (2014s)	6:00 - 7:00 PM: Incoming U14 (2013s)
7:30 - 8:30 PM: Incoming U17/U18 (2009/2010s)		



# Sunday Match Days

## The Rhythm

Games occur bi-weekly on Sundays  
(Minimum of 3 games total).

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## The Location

100% local. All games are hosted right here  
in North Vancouver.

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## The Details

Exact dates and times are currently being  
finalized and will be communicated  
seamlessly to your team.



**Keep the momentum going.**

Secure her spot for a spring of unbroken  
bonds and seamless development.

North Shore Girls Soccer Club | Division 2 Spring Team Program